



THE UNITY TIMES

VOL: 03

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November 2024



UNITY PUBLIC SCHOOL

EDITORIAL

Dear Readers,

"Success is the sum of small efforts, repeated day in and day out." This magazine celebrates those small yet impactful efforts made by our students and teachers, coming together to create something truly remarkable.

Each page tells a story of creativity, hard work, and dreams taking flight from thought-provoking articles to mesmerizing artwork and notable achievements. This edition showcases the vibrant spirit of our school community.

As you explore this collection, let it remind you of the limitless potential we all carry. Remember, "The future belongs to those who believe in the beauty of their dreams" (Eleanor Roosevelt). This edition is a reflection of our students' journey of discovery and growth.

It is a platform where budding writers, artists, and thinkers come together to share their talents and inspire others. As you flip through these pages, you'll find stories that spark curiosity, artworks that ignite creativity, and achievements that remind us of the power of perseverance.

May these pages inspire you to aim higher, dream bigger, and embrace the joy of learning.

Happy reading!,

ELEMENTS

MIND SWITCH 



YOUNG BRIGADES

PRIDE & HONOUR



PEARL OF EXPRESSIONS

CREATIVE CAMP



TEACHER'S SPOT

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MIND SWITCH

PRINCIPAL

Dear Readers,

Education is the foundation upon which we build the future. At our school, we strive to nurture curious minds, foster creativity, and instill values that shape responsible global citizens. This magazine is a reflection of our students' talents, achievements, and their journey of learning and growth.

I would like to take this opportunity to thank our talented and committed teachers, who have worked tirelessly to provide our students with a world-class education. Your passion, expertise, and care have made a tangible difference in the lives of our students.

To our students, I offer my sincerest appreciation for your enthusiasm, energy, and commitment to learning. You are the heart of our school, and it has been an absolute pleasure to watch you grow and flourish.

As we look to the future, I am excited to see the continued growth and development of our school community. I am confident that together, we will overcome

challenges, seize opportunities, and achieve great things.

I congratulate every contributor for their efforts and encourage all to keep striving for excellence. Together, let us continue to dream, explore, and achieve great heights.

Sincerely,
Humayun kabir
Principal

Tiny Footprints



Pounding



Sorting



Pounding Rotatory



Beading



colouring

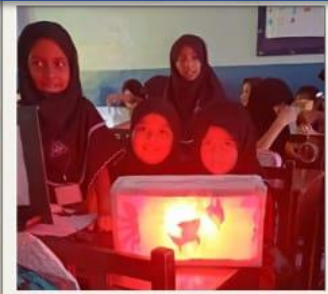


colouring

YOUNG BRIGADES



Vibrant Voyage



Puppet Show



Sky crafts



Role play



Jungle life



Role play



Train journey



Self empowerment



Sports



Types of lines

November 2024

Unity Times

believe that
you decide
how

YOUNG BRIGADES

Our students had a fun-filled day exploring the wonders of Guindy National Park with friends. They enjoyed spotting animals, learning about nature, and experiencing the beauty of wildlife. It was a memorable trip packed with joy and discovery!

Field trip



discover

explore

explore

November 2024

Unity Time



YOUNG BRIGADES

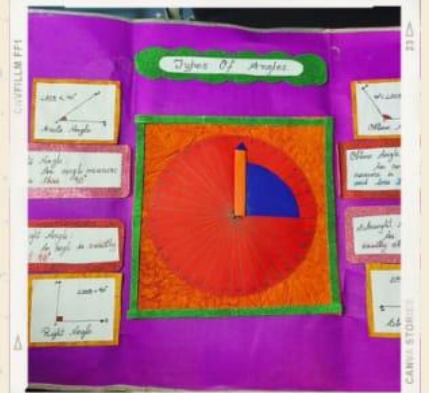
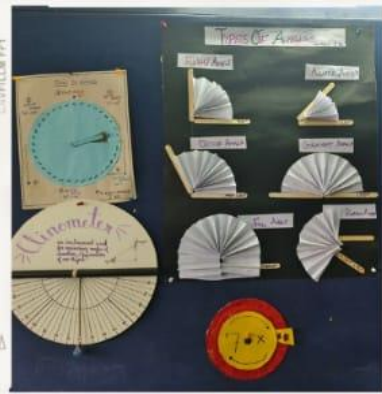
Bright Horizons



Fractions



Types of motions



Types of Angles



Measurement



Rational Numbers



Proportions

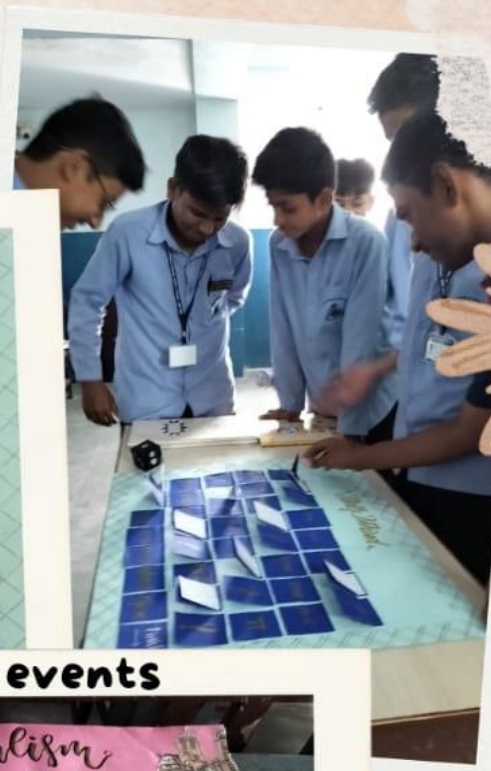


Role Play

YOUNG BRIGADES

Pinnacle Pathway

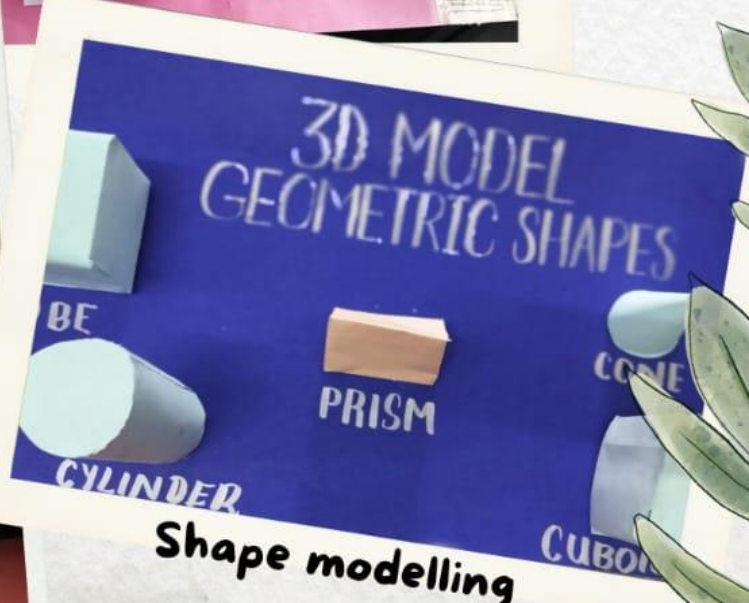
Math grid



National events



Story telling



Shape modelling

"Senior students embarked on an enriching educational trip to Hyderabad, exploring iconic landmarks, cultural heritage, and scientific marvels. The journey blended learning with memorable experiences, leaving students inspired and informed."

YOUNG BRIGADES



EDUCATIONAL TOUR

to
Hyderabad

The road felt like home, and for those few days, the world was ours to explore

OCTOBER 2024

PRIDE & HONOUR



We are thrilled to share that **Br. Abdul Hameed**, our Senior Compartment Teacher, has been honored with the **Best Teacher Award**. This prestigious recognition was presented by **Sahodhya-East Cluster** and hosted by **P.S.Senior Secondary School, Mylapore**. His dedication, commitment, and exceptional contributions to education have truly set a benchmark of excellence.



Alina Zaara – LKG star bagged **2nd prize** in the **Colouring Competition** hosted by **Tapasiya International Art Foundation**.



Ahamed Saifullah S.A. - VI BA student won a **Gold Medal** at the **44th National Brainbrain Abacus Competition** in Chennai, held on October 19-20, 2024.



Az-Zaha - VI GC star secured **3rd place** in the **Elocution Competition** at Sana Model School.



Fareedh - VII BC student clinched a **Gold Medal** in the **Skating Competition** organized by the Tamil Nadu Speed Skating Association, held in Coimbatore.

PRIDE & HONOUR



Our UKG-C champ **M. Aqila** secured **3rd place** in the **Karate World Cup 2024** held in Chennai this August.



Our Grade 4 star **Raesah Fathima** clinched **1st place** in **Breaking** and **2nd place** in **Kicking, Poomsae, and Kyorugi** at the Taekwondo Championship by **BTF Arts & Sports Academy, Adyar.**



Our Grade 4 star **S Shafiqa** won **Silver** in **Single Stick Silambam** and **Gold** in **Maan Kombu** at the **National Youth Sports Educational Federation of India.**



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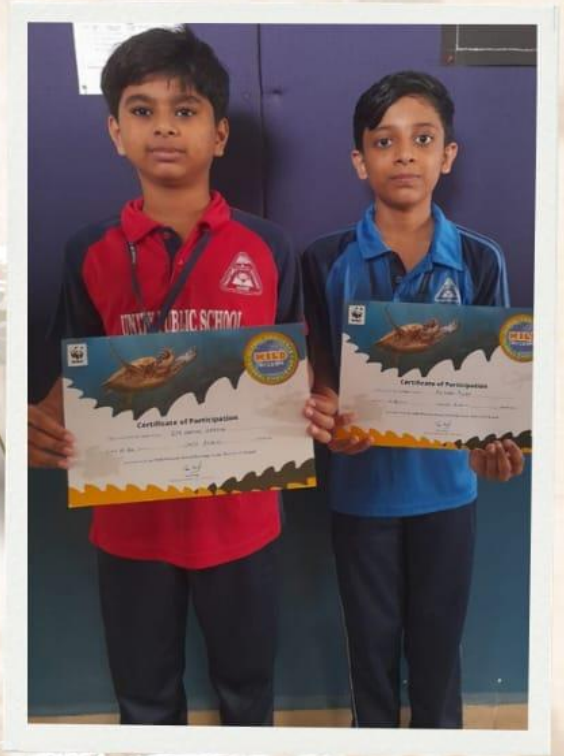
Our Grade 4 star **Tejashri** clinched **1st Prize & Gold Medal** at the **State-Level Silambam Championship**, hosted by **Golden Eagle Academy, T. Nagar**, on **October 13, 2024.**



Our Grade 3 warrior **Mohammed Aqlan** bagged **2nd place** in the **Karate World Cup 2024**, held in **Chennai** this August.

PRIDE & HONOUR

Ahamed Ashfaq (VI BA) and Faizan Azmi (VI - BC) secured 6th place among 110 participants in the prestigious World Wild Global Competition held at Adyar Youth Hostel on October 29, 2024. This renowned competition, organized by WWF-India, aims to educate young minds about the natural world and biodiversity.



Syed Asad (VI BA) clinches 3rd place in the Art Paintings competition at Birla Planetarium — showcasing talent and creativity that inspires!



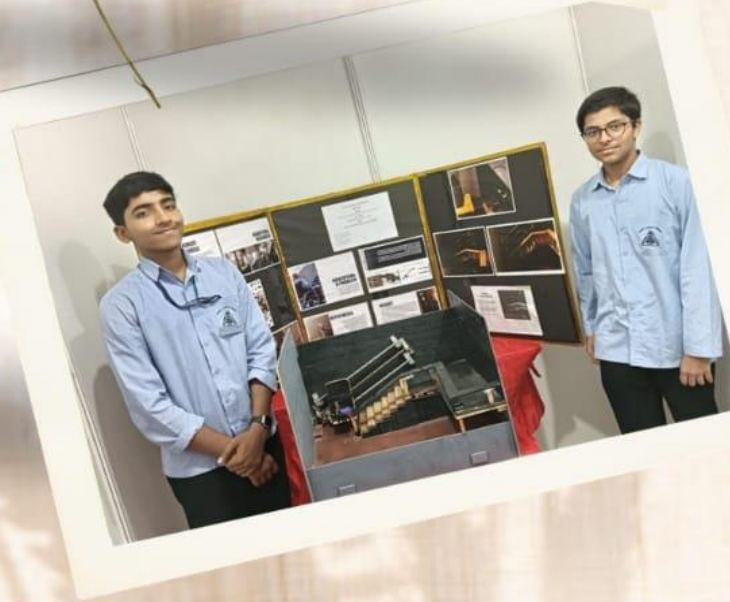
CBSE Science Exhibition 2024

"Young Innovators Shine!"

**Ashaz Meeran & Sufyan Bin Shamsudeen
(VIII) - Energy from Domestic Waste**

**Abdullah Ibn Rashid & Muaaz Mohamed Iqbal
(XI) - Handy Stairs for the Differently Aabled**

**Proud Participants of CBSE Science Exhibition
2024 (September)"**



Striking Success on the Field!

**Our Under-14 & Under-17 teams showcased
their skills in the CBSE Cluster-6 Football
Tournament hosted by Kingston Academy,
Vellore - September 2024."**



PRIDE & HONOUR

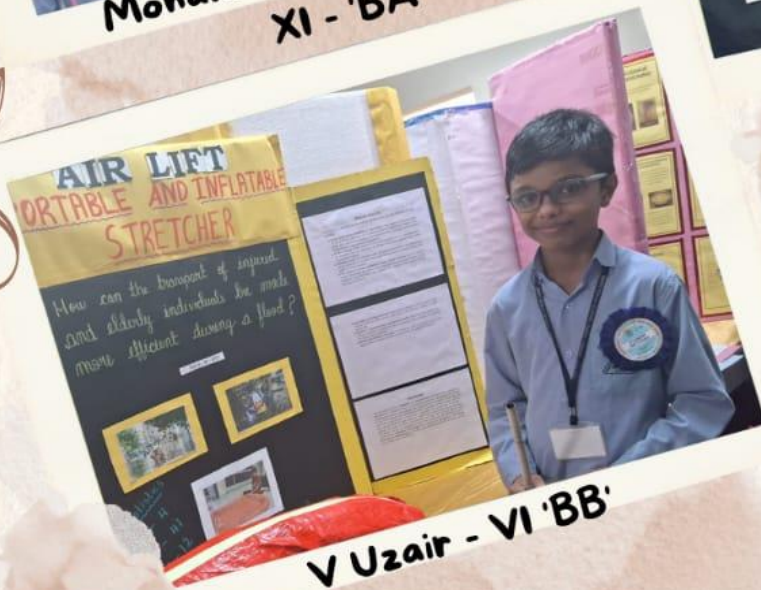
OMIEAT National Science Fair NSF-OG 2024



Mohammed Suhail Afraz
XI - 'BA'



Salma M - XI 'GB'



V Uzair - VI 'BB'



Mohammed Muawwiz
IV 'BB'

1 **Salma M. (XI GB): 1st Prize in Engineering Science (Senior Level).**

2 **Md. Suhail Afraaz (XI BA): 2nd Prize in Life Science (Senior Level).**

V. Uzair (VI BB) & Mohammed Muawwiz (IV BB): Shined in Life Science, reaching the Final Round.

PRIDE & HONOUR

Our Energetic Students in Action!



In August 2024, an impactful Anti-Drug Awareness Drive took place near Kotturpuram Railway Station, followed by a vibrant Traffic Awareness Drive on campus on 19 November 2024. Led by our enthusiastic students and joined by the Kotturpuram Station Traffic Inspector, these initiatives spotlighted safety and responsibility in action! 🚦👉🌟

PEARL OF EXPRESSIONS

Mother Ocean

Oh dear human,
I am the mother ocean,
Please, lend me your ears,
I share tales of my sorrow and
fear,

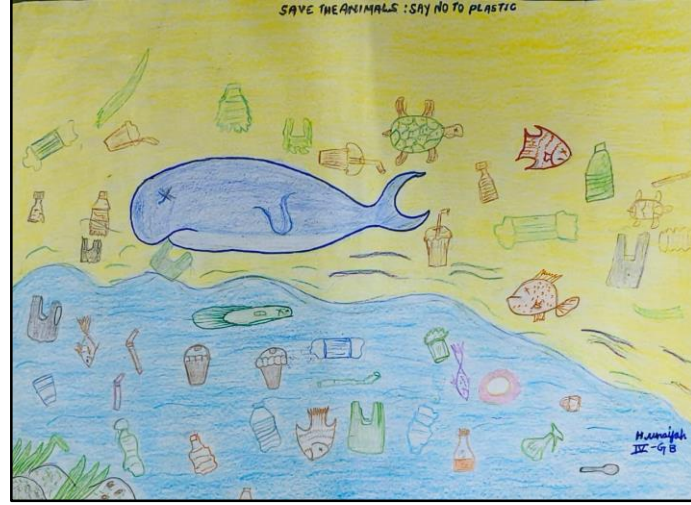
Once upon a time,
I was pure and clean,
My inhabitants swam freely,
In a world so beautiful and serene.

But then you threw dangerous
invaders from the land,
And ruined me with your hand.

Now, plastic, plastic everywhere,
Destruction beyond repair.
Can you hear me cry?
While you watch, I slowly die.

Say no to plastic,
And let me live,
I have so much benefits,
Still left to give.

- HUNAIFAH IV 'GB'



LULLABY OF NIGHT

When the moon rises so high,
Swallowing up the sun,
Diamond stars they pick the sky,
Twinkling lights that softly shine.

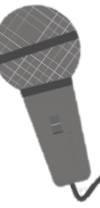
The night sky's beauty vast and
wide,
I gaze upon the moon, so bright,
Constellations I try to find,
And weave stories in my mind.

Comets, they strike my eye,
As I hope to find beneath, the
moonlight,
Darkness surrounds every bright
light,
Like the beautiful, calm night sky.

Now I see the dawn arise,
I wait for the next moon's light.


- AISHA SIDDIQA – VI 'GB'

The Weight of Unheard Voices



Silenced by expectations, I'm
deemed selfish and wrong
For seeking my own space, where
I belong
They preach justice to me, while
injustice they sow
And label a thief, for quieting my
soul.

They demand I fight for justice,
but only on their terms




Expecting me to conform, to their
whims and concerns

But when I speak truth to power,
they seek to quieten my voice

And when I don't meet their
expectations, I'm made to feel the
choice.

They realize their mistakes, but
only when it's too late

And I've learned to stand up, for
my own sake



I'll no longer be held down, by
their expectations and tears
I'll rise up and speak out,
through all my doubts and tears.

They love my quiet strength, but
leave me when I roar

But I'll never be silenced, I'll
stand up for more

I'll fight for myself, and never
back down

For I am my own justice, my
own truth, my own crown.

- SYEDA SAMAH XII 'GB'



T.AAYISHA YUMNA VG-2



Petals of Serenity

So white is the Daisy,
You Smile at me on the summer
morning
after a good night sleep.
Wonder how pure and innocent you
are.

Blazing my soul with your majestic
charm.

When I am with you
I forget the world around me.
My wounds become painless.

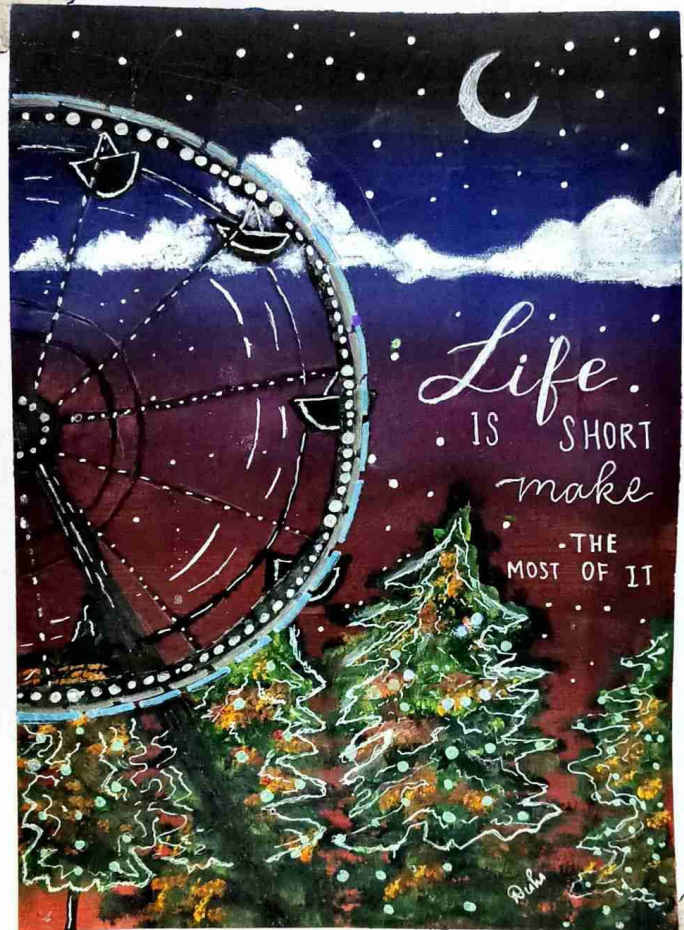
I hear the bees humming softly
and their dance so light
among your petals, pure and white
keeping my mind delightfully
engaged.

In your presence, time seems to
stand still,

and the world's troubles fade away.
In your simple beauty, I find a stillness,
A peaceful respite from everyday.

As daylight wanes and shadows grows
long
Your beauty remains soft and strong
In your presence I find my peace
A pleasure that will never cease.

- K J AZIZA FATHIMA XII 'GA'



- NUHA RAZEEN XII 'GA'

SHINING SKY OF NUMBERS

In the realm of Numeria, the Shining sky of numbers stretched out before Lyra like a canvas of endless possibility. As a young apprentice, Lyra had spent years studying the mystical properties of numbers and their powers.

One evening, while pondering the secrets of the universe, Lyra stumbled upon an ancient text hidden deep inside an ancient book. The worn pages revealed a hidden pattern, a code that unlocked the true potential of the shining sky.

As she deciphered the code, Lyra discovered that each number in the sky held a hidden exponent, a power waiting to be unleashed.

With trembling hands, Lyra raised her eyes to the sky and focused on a single star, the number 2.

She whispered the ancient words, and the star began to glow with the intense light. “ 2 to the power of 3 ”, she whispered, and the light exploded into a radiant beam, illuminating the surrounding landscape.

Lyra experimented with different numbers and exponents, unlocking hidden patterns and manipulating the world around her.

As her mastery grew, Lyra realized that the Shining Sky of numbers were not just a celestial map but a gateway to infinite possibility. With the power of exponents, she could reshape the reality itself. And so, Lyra’s journey became a legend.

MORAL

The story showcases mathematics as a powerful tool for understanding and manipulating the world around us.

- M MOHAMED TALHA VII ‘BC’

PEARL OF EXPRESSIONS

My Bicycle



My favourite hobby is riding my bicycle, ‘Sundancer Hero’. I love to ride my bicycle surrounded by trees, birds, and flowers. When I ride, I feel the wind on my face, which keeps me refreshed. Cycling keeps me strong and healthy.

I enjoy singing my favorite songs, cycling with my friends, and conducting races, which makes me cheerful. I like to pick colorful flowers to decorate my bicycle. While riding, I say goodbye to all the vehicles behind me.

On rainy days, I pedal at jet speed to reach home. Once a month, I

clean my cycle and pump air into the tyres. When I sit on the seat, I feel like a hero in a movie who is about to see the whole world. When I hold the handlebar, I feel like a rocket about to take off. When someone comes in my way, I press my horn and brake to stop my bicycle.

I feel like a bird while riding my bicycle, and I wish to become a pilot when I grow up. I love my cycle very much, and In sha Allah, it will stay with me forever.

- AADHIL RAFAAN II ‘B’



- HAFIZHA RAYYAN IX ‘GA’

جعل الله -تعالى- الحق ببرّ الوالدين بعد حقّه مباشرةً، ودليل ذلك قول الله تعالى: (وَاعْبُدُوا اللَّهَ وَلَا تُشْرِكُوا بِهِ شَيْئًا وَبِالْوَالِدَيْنِ إِحْسَانًا)، [١] كما أنّ الله -تعالى- أمر بشكر الوالدين بعد شكره، ودليل ذلك قول الله تعالى: (أَنِ اشْكُرْ لِي وَلِوَالِدَيْكَ إِلَيَّ الْمَصِيرُ)، [٢] كما ورد عن الصحابي عبد الله بن مسعود رضي الله عنه، أنّه سأل الرسول صلى الله عليه وسلم، عن أحبّ الأعمال إلى الله تعالى، فأجاب النبي صلى الله عليه وسلم: (الصَّلَاةُ عَلَى وَقْتِهَا قَلْتُ: ثُمَّ أَيُّ؟ قَالَ ثُمَّ بَرُّ الْوَالِدَيْنِ، قَلْتُ: ثُمَّ أَيُّ؟ قَالَ: ثُمَّ الْجِهَادُ فِي سَبِيلِ اللَّهِ) ، فالواجب على الأبناء البرّ بالوالدين، وإن كانا كافرين، دون طاعتهما في الأوامر التي تخالف أوامر الله تعالى، حيث قال الله تعالى: (وَوَصَّيْنَا الْإِنْسَانَ بِوَالِدَيْهِ حُسْنًا وَإِنْ جَاهَدَاكَ لِتُشْرِكَ بِي مَا لَيْسَ لَكَ بِهِ عِلْمٌ فَلَا تُطِعْهُمَا). [٣]

فإنّ الله -تعالى- نهى عن الحقوق بالوالدين، خاصّةً في أهمّ الحالات التي يحتاج بها الوالدان إلى أبنائهما، حيث قال الله تعالى: (إِذَا يَبْلُغَنَّ عِنْدَكَ الْكِبَرَ أَحَدُهُمَا أَوْ كِلَاهُمَا فَلَا تَقُلْ لَهُمَا آفٌ وَلَا تَنْهَرْهُمَا وَقُلْ لَهُمَا قَوْلًا كَرِيمًا* وَاخْفِضْ لَهُمَا جَنَاحَ الذُّلِّ مِنَ الرَّحْمَةِ وَقُلْ رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا)، [٤]

، وردّ الأذى عنهما، حيث إنّ الوالدين كانا يفعلان ذلك لأبنائهما في صغرهم، ويجب الإحسان ولين الكلام مع الوالدين، وعدم الامتناع عن الأوامر التي يطلبانها، أو يفضلونها من أبنائه

- A ZOYEAH FATHIMA XI 'GC'



CREATIVE CAMP



Fathima Zaina - I "D"



W Nafeeah - UKG "C"



N. Fahim Muhammad - I "B"



Aqila M - UKG "C"



Mahira Miraj - UKG "A"

Vision Board



CREATIVE CAMP



M Asma - IV 'GB'



Tasmia Syed - III 'A'



Samsun Fasiya M - XI 'GA'



Maryam Farheen - III 'A'

Vision Board



TEACHER'S SPOT

PROMOTING EMOTIONAL WELL BEING AND SELF CARE

Introduction:

The first step in ensuring our children's physical and psychological safety is facilitating their easy access to mental health services and assistance in schools. Schools offer a complete framework that supports kids' growth on all fronts - physical, emotional, psychological, and social and offers learning opportunities.

Teachers are quite important in a student's life. They are the epitome of wisdom, moral guidance, inspiration, and love. Teachers have a pivotal role in moulding the destiny of their students by fostering independence in them. **Mental wellbeing:**

Taking the time to do things that enhance your quality of life and your physical and mental well-being is known as self-care. This can improve your energy levels, help you handle stress, and reduce your chance of,

getting sick. Daily self-care practices no matter how tiny, can make a tremendous difference.

A child's emotional, behavioral, and social well-being:

All these must all fall under the purview of mental health. The most crucial aspect of mental health is "adaptability," or the capacity to deal with obstacles in day-to-day living. It is crucial to provide a safe and secure atmosphere for kids in schools because of this. At order to establish a comprehensive system at a school, accessibility, wellbeing, and adaptability must be coordinated.

Success in life is correlated with mental health:

Children's mental health has a direct impact on their achievement in both school and life. According to certain study findings, kids who receive academically, those who receive mental health support perform better and are more adaptable to change. Learning is based on mental health generally. Offering mental health support can help address issues with conduct and activities.

TEACHER'S SPOT

Reason for Growing Need:

Research suggests that almost one-fifth of the children and adolescents experience a mental health concern like stress, anxiety, bullying, learning disability, and/or alcohol and substance abuse. A large number of students do not receive the attention and care they need because of the prevalent stigma associated with mental illnesses. Therefore, it is important to have widespread awareness to address the mental health challenges faced by school students.

Nearly one-fifth of children and teenagers, according to research, struggle with mental health issues like stress, anxiety, bullying, learning disabilities, and/or alcohol and drug usage.

The widespread stigma attached to mental diseases prevents many students from receiving the treatment and attention they require. Thus, it's critical to raise public awareness in order to

address the mental health issues that school children encounter.

The most important source of support for kids is their family, Parents, siblings, grandparents, and other close family members are included, particularly when we are examining the culture of collectivism that is fundamental to our nation. The dynamics of familial support shift dynamically throughout life.

Helping a student:

How can a teacher make sure a student is supported? Developing a rapport. The instructor needs to make the learner feel at ease in their presence. The most effective forms of reassuring are nonverbal (such as maintaining steady eye contact) and verbal (such as providing positive feedback). Promote the unmasked expression of emotions in children by establishing an open dialogue where they can express themselves and by summarizing the information presented to aid in their assimilation.

- ✓ Identify the problem
- ✓ Listen to the child's problem

TEACHER'S SPOT

- ✓ Create goals to facilitate positive change
- ✓ Brainstorm alternatives together
- ✓ Motivate the student with the positive change.

Nonjudgmental feedback and listening:

By being understanding and kind to students. Make sure everything is private: According to the maxim- "whatever you say to me will stay with me unless you are in danger or you may put others in danger."

For instance, in happy, stable families, the children rely entirely on the family for all of their requirements throughout their early years. As the youngster gets older, this reliance usually changes.

There is increasing agreement that grandparents have a favorable impact on their grandchildren's mental health and overall development. A significant aspect of Indian society is the situation of

multigenerational households. 'Nani ki kahaani' and 'dadi ke nuskhe' are frequently linked to the growing up years. Love is given by grandparents.

Requirement for Skilled Experts:

School counselors have specialized training to address the emotional and behavioral difficulties that young people encounter. They have an ear for the challenges students face. Additionally, teachers receive hands-on instruction in child development.

Final Thought:


Having access to mental health services in schools is essential for enhancing the mental and physical school and kid safety. Establishing a culture in the classroom that encourages students to voice concerns about their safety is crucial. Professionals in school mental health offer assistance, assess, and collaborate with pupils on more complex or ongoing issues.

- C Ayisha Siddiq
(Senior)



TEACHER'S SPOT

I am not good at this...

At some point of time this thought  would have come across our minds. Feeling like you are not good at anything. Which often stems from poor self-esteem and negative thinking.

When such thoughts set it's roots in our mind it will become hard for one to leave the past behind and move ahead.


In other words it is the fear of venturing into the unknown. Given that, life is all about moving ahead and exploring the unexplored and exploring the new horizon. But how do we over come this?

Ok let's charge into the quest - for the million dollar question 'how do I overcome?'

Well, all we have to do is ask a 'question' rather than submitting ourselves to a statement. Instead of saying

'I'm not good at this' try saying 'what am I missing?'



Accept that it is normal to struggle at first. Get on board, that mistake are normal and are the essential part of learning. Every mistake we make take us one step closer to our victory .

Remember, intelligence grows with challenges faced. Learning is acquired throughout the process Of experiences.

As said by Winston Churchill ' success is not final and failure is not fatal.' Surround yourself with positive influence, celebrate small victories and stay focused on your goals and stay driven.

Now ask 'what am I missing' ?

**- Fareedha Abdul Kader
(Junior)**



TEACHER'S SPOT

A FATHER'S SILENT SACRIFICE

A guide through life's uncertain tides,
An advisor with wisdom deep inside.
With courage bold, he stood so tall,
Never wavering, giving his all.

He faced the storms, he braved the
fight,
Carrying burdens in the quiet night.
Single-handed, he bore the weight,
Never running from his fate.

With hands that helped without a plea,
He served with love, endlessly.
Expecting nothing in return,
For other's peace, his heart would yearn.

Though stern in word, his actions
spoke,
Of sacrifices few could evoke
Challenges came, he did not sway,
He faced them all, day by day.



A beacon in the darkest hour,
He stood with strength, a steadfast
tower.
Through every trial, through every
bend,
He was a father, a hero, a friend.

But now I miss him, lost in thought,
Never grasping the care he brought,
May the Almighty, in grace and light,
Grant him rest in the highest height.

In my heart, his legacy stays,
A testament to his noble ways.
For every battle he fought alone,
He shaped a world I call my own.

- **THAIBUNISA**
(PRIMARY)



TEACHER'S SPOT

Empowering Growth in the Transformative Role of Role-Play in Advance Learning and Development for Children Autistic

Role-playing stands as a potent educational tool that holds the potential to significantly enhance learning and development, particularly for children with autism spectrum disorder (ASD). By engaging children with autism in structured and interactive role-playing activities, educators and therapists can create tailored learning experiences that cater to their unique needs, abilities, and strengths, fostering holistic growth and progress in various areas of development.

One of the key strengths of role-playing in advancing learning and development for children with autism lies in its capacity to provide a safe and structured environment for social interaction, communication, and emotional expression. Through role-playing scenarios that simulate real-life

situations, children with autism can practice and refine their social skills, such as turn-taking, perspective-taking, and nonverbal communication, in a supportive and engaging setting. This hands-on approach not only enhances their social competence but also boosts their confidence, self-esteem, and sense of belonging.

Furthermore, role-playing serves as a dynamic platform for promoting language and communication skills among children with autism. By immersing them in role-playing activities that require verbal and nonverbal interaction, educators and therapists can help children with autism improve their expressive and receptive language abilities, expand their vocabulary, and enhance their pragmatic language skills. Through repeated exposure to language-rich role-playing scenarios, children with autism can strengthen their communication skills and develop strategies for effective and meaningful interaction with others.

Additionally, role-playing plays a

TEACHER'S SPOT

pivotal role in supporting cognitive and emotional development in children with autism. By engaging them in imaginative and problem-solving role-playing tasks, educators and therapists can stimulate their cognitive flexibility, creativity, and executive functioning skills. Moreover, role-playing allows children with autism to explore and express their emotions in a safe and controlled setting, helping them develop emotional regulation, empathy, and self-awareness.

In conclusion, the power of role-playing in enhancing learning and development for children with autism in English is undeniable. By providing tailored and interactive role-playing experiences that cater to their specific needs and strengths, educators and therapists can empower children with autism to thrive academically, socially, and emotionally. As role-playing continues to be integrated into advanced English instruction for

children with autism, it holds the promise of unlocking their full potential, fostering their growth and development, and nurturing their unique talents and abilities.

- **Humera Banu**
(PRE-PRIMARY)

